



Ministry of Health and Social Services

Moso okutjiwa tjike ouhunga novenda yokorona (COVID-19)

Kunene communities Otjiherero



Omiti vyokorona (COVID-19)



Omuti omupange mbu:

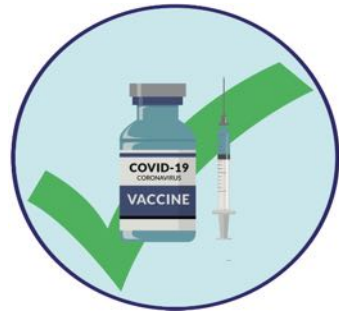
- Uvatera ovandu okurwisa ondwi tjiva hakaene nayo
- Mautjaere kutja ovandu avehavere tjinene kondwi



Omiti vyokorona (COVID-19) iyarura pehi omaumba okuhandjaura ondwi ko:

- Etundu roye
- Otjiwana tjoye

Omavendero orondu ove tjiwa vendwa omuti. Imbi maviungurwa nonguiya (ovenda).



Omiti vyokorona (COVID-19) mavi yandjwa otjari nokuhina okusutwa okuza kohoromande. hakaena nokerenika yoye poo tona konomora ndji (**0800 100 100**) okupura poo okupaha kutja kupi kumokavendwa.

Omakwekuriro ngumoyenene okuzuva ouhunga nomiti (COVID-19):



"Moenene okumuna okorona okuza momuti"

Kona kukambura poo okumuna ondwi okuza momuti wokorona (COVID-19). mau tjiti orutu roye kutja rukare nomasa okurwisa okorona (COVID-19).

"Omiti vyo korona mavikuverisa poo mavikuzepa"

Tjiyari 30 Ngarano 2021, Ovandu mberi kombanda 3,040,000,000 vamuna omavendero mouparanga wouye ouhunga 1/4 yotjivarero tjovandu mouye. Momahi ovandu ovengi muvavendwa nai otjivarero tjovavere tjo korona (COVID-19) otjititi. Omiti vyo korona (COVID-19) vyetuvatera.

"Oviruise vyandje vyorutu vina omasa po muti wokorona"

Omiti mavi tjiti kutja orutu roye rukare nomasa tjinene, no omasa orure, indu ove tjiwaveruka kokorona.

"Omiti vyaungurwa tjimanga"

Omiti mbyasana vyozonezwi zarwe vyakondononwa komurungu wozombura omurongo. ozonongo nozonganga vayandjera omiti kokutja ungurisiwe, vahakahanene.

"Muna omangenete poo okatenda kokombiuta momuti"

Kamuna owatjiri, indi ehungi ndaungurua uriri.

Ovikanena vine?



Kombunda tjiwazu nokuvendwa.
mokeri muna ovikanena.

Ovikanena otjina tjitjikakara
movandu tjiwazu nokukambura
omuti.



Ovikanena oviraisiro omuti
mbumauhongo oruturwee kutja
rurwise omutjise.



Ovikanena kavikara kungamwa
mundu auhe. Potungi ovikanena
mbi kavi kendise, nu viyaruka
kuvyo ovini kombunda omayuva
omatiti.

Ovikanena mbikarapo:

- Omuihamo po omusuro mburi mokuwoko pupahitire onguya (ovenda)
- Oupyu morutu
- Omusuro mozombwini poo opomahakaeno womatupa
- Okuurwa tjinene
- Okuihamwa otjiuru



Ovikanena ovikendise:

Omihamo omikendise kapotungi, posiya ove waso okuyenda Korupa Rouveruke nondunino Yotjiwana (MoHSS) kokerenika ndjiri popezu, poo tona ongoze konomora ndji (0800 100 100) ongarate indu, kombunda omaendero, ove:

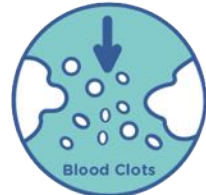
- Tjimosuvana ouzeu
- Omutima tjimouzuu okutona hakahana poo tjimaupambarere
- Tjiwawire pehi poo okuseuka



Pupeteki ovandu 6 movandu engete rimwe (1,000,000) ombumavekara okumuna ovikanena vyo matungiro wovihoro vindu. Ovihoro vindu vitjaera ombindu okutupuka morutu otjaaruhe.



Ihi kapotungi nu ovandu ovengi vavendwa nokuhina ouzeu.





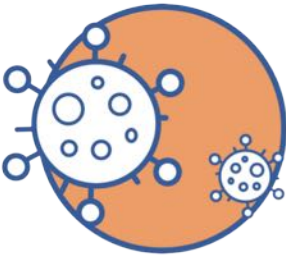
Indu tjimorizuu okuvera omwano mbuhakara movivike vivari tjiwazu nokuyendwa waso okuyenda kokerenika tjimanga.

Ovikanena muna imbi:

Okuihamwa otjiuru navi tjinene poo okuihamwa pehuri nokuhina okupora, okuhina okumuna nawa, omisuro momarama, otjihorovindu kehi yomukova pupeheri imba pupavendwa (okanguiya).



Kombunda yomavendero:



Omuti utjita kutja irire oungundi okumuna poo okukamburwa iyokorona (COVID-19), posiya ovandu tjiiva maveyenene okuhwangwa kombunda yokuvendwa.



Ovandu imba mbavendwa aruhe oungundi okuvera okorona pu imba mbehiya vendwa.

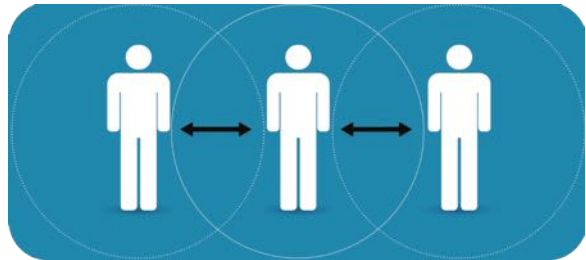


Kombunda yomaendero, ove ngundee mohepa okukeritarisa okorona (COVID-19) indu tjiuna ovikanena vyokorona (COVID-19), muna:

- Oupyu morutu
- Ovito mongongo tjimokorora
- Okourwa tjinene
- Okusuvana oungundi
- Okuhina okurora poo okunuka



Ove ngundee mohepa okuzara okakutjire kotjinyo nomayuru nomukato pokati koye nomundu warwe kombunda yokuvendwa.



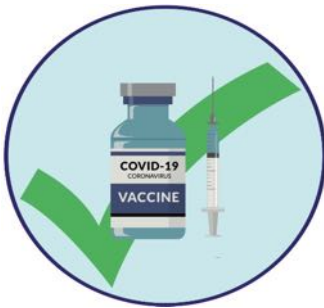
Omikambo mbi ngundee viri momaungurisiso ngaa ondondo omahwango wokorona (COVID-19) motjiwana tjiyaaruka kehi.

Kondjivisiro yokomurungu



Hungira komuungure
wouveruke nguri popeze
naove, onesa poo onganga.

Tona Konomora Yokorona
Yotjiwana indji **0800 100 100**.



Zemburuka, omavendero maye
yandjwa otjari okuza
kohoromende.



Department of
Economic and
Social Affairs



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